



### MADE TO MOVE

an activity that increases the oxygen in the brain and taps into the energy in the body



### WAVY WORDS

[HEAR FROM GOD | MEMORY VERSE ACTIVITY]

#### WHAT YOU NEED:

- **Bible Verse John 7:38** "whoever believes in me... rivers of living water will flow from within them." (The memory verse poster should be displayed in the front of the room so all kids can see.)
- **Beach Ball** (Located in day 5 bag)
- **Large Sheet** (Located in day 5 bag)

### TODAY'S BIBLE STORY

**Fruit of the Spirit**  
Galatians 5:22-23

### TODAY'S BOTTOM LINE

**God can help you change the world around you.**

### KEY QUESTION

**What needs to change in the world around you?**

### MEMORY VERSE

**"Whoever believes in me . . . rivers of living water will flow from within them."**  
John 7:38, NIV

### BASIC TRUTH

**I should treat others the way I want to be treated.**

#### WHAT YOU DO:

- Read John 7:38 out loud to the group.
- Instruct the kids to gather around the sheet and hold an edge of it.
- Place the beach ball in the middle of the sheet.
- Work together to toss the beach ball up in the air while saying John 7:38.
- Try to say one word every time the ball launches in the air.
- Start the verse over if the ball drops off the sheet!
- Say the verse as many times as time and interest allow.

#### WHAT YOU SAY:

"Just like the ball was flowing through the air, God's Holy Spirit flows through you and will show His fruit in the world around you. Every action you take—whether it be loving someone who feels unloved, showing self-control when your sister is driving you crazy, using gentle words with someone who is having a hard time, or displaying the joy of Jesus in even the hardest circumstances—you are allowing the Holy Spirit to show His fruit through you. **God can help you change the world around you.** This VBS and beyond, don't underestimate the power you have within you to make change for good! God wants you to do great work in this world and will continue giving you everything you need to do big things."



**MADE TO REFLECT**

an activity that creates space for personal processing and application



**PRAY AND DISMISS**  
[PRAY TO GOD | PRAYER ACTIVITY]

**WHAT YOU NEED:**

- **Prayer Card: Day 5** (Located in kids' bags)
- **Pencils** (Located in kids' bags)
- **Pins** (If you haven't already, pass out pins for day five and attach to lanyards)

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**TODAY'S BOTTOM LINE**

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**KEY QUESTION**

**What needs to change in the world around you?**

**MEMORY VERSE**

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**BASIC TRUTH**

**I should treat others the way I want to be treated.**

**WHAT YOU DO:**

- Make sure kids have a pencil, prayer card, and pin for day five.
- Point out the "ripple" symbol on the prayer card and pin.
- Say: **"God can help you change the world around you."**
- Direct the kids to think of something in the world they would like to see change.
- To get the kids thinking, ask:
  - Have you ever seen anything that you think is unfair in the world—like people who are hungry or don't have a home?
  - Do you wish there was less trash on the sides of the highways?
  - Do you wish every animal at the local shelter had a home or maybe that everyone in the world would have clean water?
- Instruct the kids to write down the idea they think of on the back of their prayer card.
- Direct the kids to think of what they've written as you close your group time in prayer.

**WHAT YOU SAY:**

"Dear God, thank You that You work through us to do big things in this world. This world seems so big and sometimes, change seems impossible. But, we know that with the power of Your Holy Spirit, You will help us change the world around us. Show us the change You want us to be a part of. Grow the fruit of Your Holy Spirit in us and help us to show the world how good You are. We love You and we pray these things in Jesus' name. Amen."