Jesus Is Rísen!

Mark 16:1-11

MEMORY VERSE

MARK 16:6b "He is risen! He is not here. See the place where they laid Him."

WHAT YOU WILL NEED:

A blindfold, and spices like cinnamon, nutmeg, and cloves, extracts like vanilla, almond, and maple, and oils like olive and corn.

Some props to represent linen, spices and oils, and some simple biblical costume pieces like robes and wings.

ATTENTION GRABBER!

Name That Spice

Blindfold a volunteer from your class and let him see if he can guess the fragrance of several spices or oils. Use spices like cinnamon, nutmeg, and cloves, extracts like vanilla, almond, and maple, and oils like olive and corn.

Allow several children to take a turn. Explain to your class that spices were used to preserve bodies in Jesus' time. The women that visited Jesus' tomb desired to wrap Him in linen and spices as was their custom.

LESSON TIME!

Today we are going to learn about one of the most important things in the Bible. We are going to look at the resurrection of Jesus Christ. Jesus promised that He would rise from the dead, and three days after His crucifixion He did just that.

What an amazing thing that Jesus rose from the dead! He not only took care of our sins by dying on the cross, but He also conquered death when He rose three days later. Every one of us who believe in Jesus Christ can have eternal life. Jesus always keeps His word.

MARK 16:1-2

Now when the Sabbath was past, Mary Magdalene, Mary the mother of James, and Salome bought spices, that they might come and anoint Him.

Very early in the morning, on the first day of the week, they came to the tomb when the sun had risen.

Jesus had just been buried and Mary Magdalene, Mary the mother of James and Salome prepared burial spices for His body, as was the custom in Jesus' time. They waited until the Sabbath was over, since it was unlawful to work on the Sabbath, and headed out to Jesus' tomb.

MARK 16:3-4

And they said among themselves, "Who will roll away the stone from the door of the tomb for us?"

But when they looked up, they saw that the stone had been rolled away; for it was very large.

Jesus' tomb was large enough to walk inside and the stone that was rolled in front of it would have been very heavy. The three women knew they would not have enough strength to move it and they wondered who they might have move it for them. When the ladies looked at the tomb they saw the stone had been rolled away from the opening. Imagine their surprise to find that the stone had been rolled away. They probably wondered what had happened. Where was their Lord, Jesus?

He Still Moves Stones

Pick a small child from your class and give him instructions to move the supply cabinet in your classroom out the door (the child will be quite unable to perform this task). Continue to encourage the child to move the cabinet as they try.

Explain that moving the huge stone from Jesus' tomb would have been quite impossible for these friends of Jesus, but what is impossible for man is always possible for Jesus. He still does the impossible. Give your students some examples of Jesus performing the impossible from your own experience, the fulfillment of prophecy, or true-life accounts of other Christians.

MARK 16:5-6

And entering the tomb, they saw a young man clothed in a long white robe sitting on the right side; and they were alarmed.

But he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He is risen! He is not here. See the place where they laid Him.

As they entered the tomb, the ladies saw an angel. They were frightened but the angel told them not to fear because Jesus had risen from the dead. The place where Jesus had been laid was empty. Jesus had told them many times that He would die and rise again from the dead, but they had not understood. Jesus always keeps His word.

When they entered they only saw a young man. From the other gospels we know that he was an angel. The Lord knew that these women would be arriving that morning at the tomb. The angel was there to share with them the good news that Jesus had risen from the dead. What an exciting day this must have been for them, to be the very first to hear the news that Jesus had risen from the dead.

MARK 16:7-8

"But go, tell His disciples; and Peter; that He is going before you into Galilee; there you will see Him, as He said to you."

So they went out quickly and fled from the tomb, for they trembled and were amazed. And they said nothing to anyone, for they were afraid. The angel told the ladies that Jesus was already on His way to Galilee and that they would see Him there just as Jesus had said. Jesus always keeps His word. The angel told the ladies to let Jesus' disciples and Peter know He was coming.

It is important to note that Peter is included here with the disciples even after his great failure in denying Jesus. Even when we fail, Jesus loves us and wants to have a relationship with us. It is interesting that the angel said specifically Peter. It is like the Lord specifically wanted Peter to know that he was forgiven.

MARK 16:9-11

Now when He rose early on the first day of the week, He appeared first to Mary Magdalene, out of whom He had cast seven demons.

She went and told those who had been with Him, as they mourned and wept.

And when they heard that He was alive and had been seen by her, they did not believe.

Jesus first appeared to Mary Magdalene. Mary brought the news to the disciples while they were mourning Jesus' death. They did not believe that Jesus was alive even though He had told them many times that He would rise from the dead while He was with them. Jesus always keeps His word.

We need to believe all that Jesus tells us in His word, even when it seems like it will never happen. Jesus is faithful to do what He promises, and if we believe in Him, He will give us joy in all things and peace that passes understanding. Jesus always keeps His word.

Jesus rose from the dead and is alive today. He is in heaven at the right hand of the Father. He loves us so much and wants to have a relationship with us. If you have never asked Jesus into your heart you can do so today. He desires to come into your life, wash you clean of your sins, make you part of His family, and give you an inheritance in heaven forever. Jesus conquered death on the cross and offers us eternal life with Him.

No other religion or belief in this world can make that same claim. Mohammed or Buddha never rose from the dead; they are still in their graves! You can place your faith and trust fully in Jesus because He has overcome our greatest enemy, death! Jesus always keeps His word.

Reenact the Resurrection

Pick some of the girls in your class to be Mary Magdalene, Mary the mother of James, and Salome and a boy to be an angel in a reenactment of today's study.

You may want to provide them with simple props and costumes to add to their reenactment experience.

PRAYER

Lead the children in a prayer acknowledging that **Jesus always keeps His word**. If any children have not yet responded to the gospel, give them an opportunity to do so.